

safety rules & general advice

This is an important document: You must READ IT BEFORE PARTICIPATING



Your instructor will give you a safety brief before you start your adventure.

Important: Wild Wood Treetop Adventure and Wild Kids are high risk activities. You will minimise the risk by following the safety rules and advice. If you don't follow the safety rules and advice you could have a serious accident, which could be fatal.

Wild Wood operates in almost all weather conditions. The only time we may close the course is in storm conditions when we will arrange for you to rebook at a later time. Please ensure you have suitable clothing for all conditions.

If you are not prepared to take on the responsibilities and advice stated below, do not proceed. Wild Wood may partially refund you (at the duty managers discretion) if you decide that you are not willing or capable of continuing with your booking at this point

If you or any member of your group does not understand English please tell your instructor so that we can make allowances for this in the safety brief.

You are about to take part in a high risk activity.

Approximately one in every thousand participants will require some form of minor first aid. You will be able to minimise this risk by following these safety rules and all instructions given to you by Wild Wood staff. If you don't follow these safety rules you could have a serious, or even fatal, accident. You must remain attached to the safety line at all times when above the ground.

Platforms: A maximum of 2 people can be on a platform at one time.

Obstacles: Only 1 person on any obstacle or crossing at any one time.

Zip Wires: Please take care when stepping off zip platforms to ensure you do not hit the platform you are leaving.

- Only 1 person can descend a zip wire at a time
- Check the landing site is clear before descending
- Never hold on to the zip wire cable
- Hold on to your yellow harness straps
- Keep your head away from and to one side of the zip wire and keep your feet pointing downwards
- Landing: If you land forwards, run as you land to slow yourself down. If you land facing backwards or sideways, drag your heels to slow down and don't try to turn yourself around. An instructor will assist you upon landing

Before you Start:

All participants must be at least 6 years old for Wild Kids or 11 years old for Wild Wood Treetop Adventure.

Minimum height is 1m for Wild Kids and 1.4m for Wild Wood Treetop Adventure. Maximum weight is 130kg (20.5 stone)

Long hair should be tied back, jewelry removed and shoes securely fastened.

Any mobile devices such as cameras or mobile phones that you wish to take on the course must be attached to you at all times or kept secure in a pocket.

No smoking is allowed within the vicinity of Wild Wood.

An instructor will fit your harness and you will be able to practice using the equipment before you set off if you wish.

Supervision:

The practice area is the only place where you will receive direct supervision from an instructor. An instructor will ensure that you enter the course, exit the course and are correctly attached and detached from the Wild Kids, Wild Wood Treetop Adventure, Wild Drop and Wild Zip safely.

Whilst participating in any of these activities you will be responsible for your own decisions and those of any children under your supervision and in accordance with the Safety Rules.

In the event of any mishap, please shout "INSTRUCTOR" and a member of staff will assist you in the most appropriate way.

If any of the above is unclear or you have any questions, please speak to a member of staff immediately.

www.wildwood-adventure.com

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